

Simply Irresistible

Our favorite new products this month include chewy coconut cookies, mushroom-infused coffee, and wrinkle-reducing facial serum

► Coconut Sweet Treats

Super Yummies **CocoYummies Coconut Treats** with dulce de leche (milk caramel) really live up to the “yummy” in their name. Perfect to keep around for the holidays, these melt-in-your-mouth sweet treats come in six irresistible flavors—Dark Chocolate (shown here), White Chocolate, Colombian Coffee, Goldenberry Superfruit, Yogurt Drizzle, and Red Berries Yogurt. They’re made with hormone-free and 85 percent lactose-free milk, and contain no gluten, GMOs, nuts, artificial colors, or flavors. Bonus: they’re individually wrapped, so you can take them anywhere—and you’ll definitely want to!



▲ Wake Up and Smell the Coffee ... and Mushrooms

Upgrade your coffee moment with **Four Sigmatic Mushroom Coffee with Cordyceps & Chaga**. These two well-researched functional mushrooms have been used for centuries in both Nordic and Asian traditions. Four Sigmatic uses organic cordyceps mushroom to support cellular energy, and wild-crafted chaga, making it your gut-friendly coffee option. This delicious premium instant coffee is organic, 100 percent arabica variety and is sourced from the highlands of the Sierra Madre de Chiapas in Mexico, under the canopy of shade trees in rich, volcanic soil. It comes in 10 individual packets, so all you have to do is add hot water. And in case you were wondering ... it doesn’t taste like mushrooms.



▲ Maximize Your Skin

Give yourself a spa experience every day by adding one of these collagen-infused antioxidant formulas to water or your favorite beverage. **Country Life MAXI-Skin ZEN with L-theanine** lets you sip your way to calm while feeding your skin with age-fighting nutrients. We love the deliciously refreshing Mandarin Orange and Chamomile flavor—great after a stressful day as it includes L-theanine, an amino acid with a relaxing effect. **MAXI-Skin Vitality with B₁₂**, in a tasty Berry flavor, is perfect in the morning or as an afternoon rejuvenator, delivering the same skin-enhancing nutrients as ZEN while helping to boost energy with vitamin B₁₂. Both feature Verisol Bioactive Collagen Peptides (type 1 and 3 collagen), clinically shown to enhance skin elasticity, increase skin collagen, and reduce depth of eye wrinkles.

▼ Peptide Power

This dynamic duo from **Reviva Labs** uses the power of peptides to reduce the appearance of fine lines and wrinkles. **Peptide Facial Skin Prep** contains seaweed and algae that bathes the skin in minerals, stimulating cell energy. It’s also infused with hyaluronic acid, argireline, and DMAE to hydrate. **Advanced Peptide Plus** is a potent combination of peptides and antioxidants, including anti-aging alpha lipoic acid, vitamin C, DMAE, collagen, and elastin. Use together for best results.



► Bone Up

We all know calcium helps to build strong bones, but it doesn’t work in isolation.

Hyalogic Bone Density Osteoblend delivers optimum nutritional support for bones and joints in a comprehensive formula that has it all—in addition to calcium, it includes other key bone-supporters: magnesium, boron, and vitamin D₃, plus joint-lubricating hyaluronic acid. Magnesium assists the body in adequately absorbing calcium. Similarly, vitamin D and calcium work synergistically to strengthen normal bone density. And boron works with magnesium, calcium, and vitamin D to help keep the skeletal structure healthy.

